

COURSE HANDICAP TABLE*Messingham Grange Golf Club*

Course Rating 71.4

Men's White (from 17 Jun 2022)

Par 71 Slope 134

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.7	+6	26.6 to 27.4	32
+4.6 to +3.8	+5	27.5 to 28.2	33
+3.7 to +3.0	+4	28.3 to 29.0	34
+2.9 to +2.2	+3	29.1 to 29.9	35
+2.1 to +1.3	+2	30.0 to 30.7	36
+1.2 to +0.5	+1	30.8 to 31.6	37
+0.4 to 0.4	0	31.7 to 32.4	38
0.5 to 1.2	1	32.5 to 33.3	39
1.3 to 2.1	2	33.4 to 34.1	40
2.2 to 2.9	3	34.2 to 34.9	41
3.0 to 3.7	4	35.0 to 35.8	42
3.8 to 4.6	5	35.9 to 36.6	43
4.7 to 5.4	6	36.7 to 37.5	44
5.5 to 6.3	7	37.6 to 38.3	45
6.4 to 7.1	8	38.4 to 39.2	46
7.2 to 8.0	9	39.3 to 40.0	47
8.1 to 8.8	10	40.1 to 40.8	48
8.9 to 9.6	11	40.9 to 41.7	49
9.7 to 10.5	12	41.8 to 42.5	50
10.6 to 11.3	13	42.6 to 43.4	51
11.4 to 12.2	14	43.5 to 44.2	52
12.3 to 13.0	15	44.3 to 45.1	53
13.1 to 13.9	16	45.2 to 45.9	54
14.0 to 14.7	17	46.0 to 46.8	55
14.8 to 15.6	18	46.9 to 47.6	56
15.7 to 16.4	19	47.7 to 48.4	57
16.5 to 17.2	20	48.5 to 49.3	58
17.3 to 18.1	21	49.4 to 50.1	59
18.2 to 18.9	22	50.2 to 51.0	60
19.0 to 19.8	23	51.1 to 51.8	61
19.9 to 20.6	24	51.9 to 52.7	62
20.7 to 21.5	25	52.8 to 53.5	63
21.6 to 22.3	26	53.6 to 54.0	64
22.4 to 23.1	27		
23.2 to 24.0	28		
24.1 to 24.8	29		
24.9 to 25.7	30		
25.8 to 26.5	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 70.3

Men's Yellow (from 17 Jun 2022)

Par 71 Slope 131

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.8	+6	27.2 to 28.0	32
+4.7 to +3.9	+5	28.1 to 28.8	33
+3.8 to +3.1	+4	28.9 to 29.7	34
+3.0 to +2.2	+3	29.8 to 30.6	35
+2.1 to +1.3	+2	30.7 to 31.4	36
+1.2 to +0.5	+1	31.5 to 32.3	37
+0.4 to 0.4	0	32.4 to 33.2	38
0.5 to 1.2	1	33.3 to 34.0	39
1.3 to 2.1	2	34.1 to 34.9	40
2.2 to 3.0	3	35.0 to 35.7	41
3.1 to 3.8	4	35.8 to 36.6	42
3.9 to 4.7	5	36.7 to 37.5	43
4.8 to 5.6	6	37.6 to 38.3	44
5.7 to 6.4	7	38.4 to 39.2	45
6.5 to 7.3	8	39.3 to 40.1	46
7.4 to 8.1	9	40.2 to 40.9	47
8.2 to 9.0	10	41.0 to 41.8	48
9.1 to 9.9	11	41.9 to 42.6	49
10.0 to 10.7	12	42.7 to 43.5	50
10.8 to 11.6	13	43.6 to 44.4	51
11.7 to 12.5	14	44.5 to 45.2	52
12.6 to 13.3	15	45.3 to 46.1	53
13.4 to 14.2	16	46.2 to 47.0	54
14.3 to 15.0	17	47.1 to 47.8	55
15.1 to 15.9	18	47.9 to 48.7	56
16.0 to 16.8	19	48.8 to 49.5	57
16.9 to 17.6	20	49.6 to 50.4	58
17.7 to 18.5	21	50.5 to 51.3	59
18.6 to 19.4	22	51.4 to 52.1	60
19.5 to 20.2	23	52.2 to 53.0	61
20.3 to 21.1	24	53.1 to 53.9	62
21.2 to 21.9	25	54.0 to 54.0	63
22.0 to 22.8	26		
22.9 to 23.7	27		
23.8 to 24.5	28		
24.6 to 25.4	29		
25.5 to 26.3	30		
26.4 to 27.1	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.

Course Rating 74.2

Women's Red (from 17 Jun 2022)

Par 73 Slope 138

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.6	+6	25.8 to 26.6	32
+4.5 to +3.7	+5	26.7 to 27.4	33
+3.6 to +2.9	+4	27.5 to 28.2	34
+2.8 to +2.1	+3	28.3 to 29.0	35
+2.0 to +1.3	+2	29.1 to 29.8	36
+1.2 to +0.5	+1	29.9 to 30.7	37
+0.4 to 0.4	0	30.8 to 31.5	38
0.5 to 1.2	1	31.6 to 32.3	39
1.3 to 2.0	2	32.4 to 33.1	40
2.1 to 2.8	3	33.2 to 33.9	41
2.9 to 3.6	4	34.0 to 34.8	42
3.7 to 4.5	5	34.9 to 35.6	43
4.6 to 5.3	6	35.7 to 36.4	44
5.4 to 6.1	7	36.5 to 37.2	45
6.2 to 6.9	8	37.3 to 38.0	46
7.0 to 7.7	9	38.1 to 38.8	47
7.8 to 8.5	10	38.9 to 39.7	48
8.6 to 9.4	11	39.8 to 40.5	49
9.5 to 10.2	12	40.6 to 41.3	50
10.3 to 11.0	13	41.4 to 42.1	51
11.1 to 11.8	14	42.2 to 42.9	52
11.9 to 12.6	15	43.0 to 43.8	53
12.7 to 13.5	16	43.9 to 44.6	54
13.6 to 14.3	17	44.7 to 45.4	55
14.4 to 15.1	18	45.5 to 46.2	56
15.2 to 15.9	19	46.3 to 47.0	57
16.0 to 16.7	20	47.1 to 47.9	58
16.8 to 17.6	21	48.0 to 48.7	59
17.7 to 18.4	22	48.8 to 49.5	60
18.5 to 19.2	23	49.6 to 50.3	61
19.3 to 20.0	24	50.4 to 51.1	62
20.1 to 20.8	25	51.2 to 51.9	63
20.9 to 21.6	26	52.0 to 52.8	64
21.7 to 22.5	27	52.9 to 53.6	65
22.6 to 23.3	28	53.7 to 54.0	66
23.4 to 24.1	29		
24.2 to 24.9	30		
25.0 to 25.7	31		

INSTRUCTIONS

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.